



॥ श्री ॥

नहि ज्ञानेन सदृशं पवित्रमिह विद्यते

# Appasaheb R.B.Garud Arts, Commerce and Science College

Shendurni, Tal.Jamner, Dist. Jalgaon Ph : 02580 - 252246



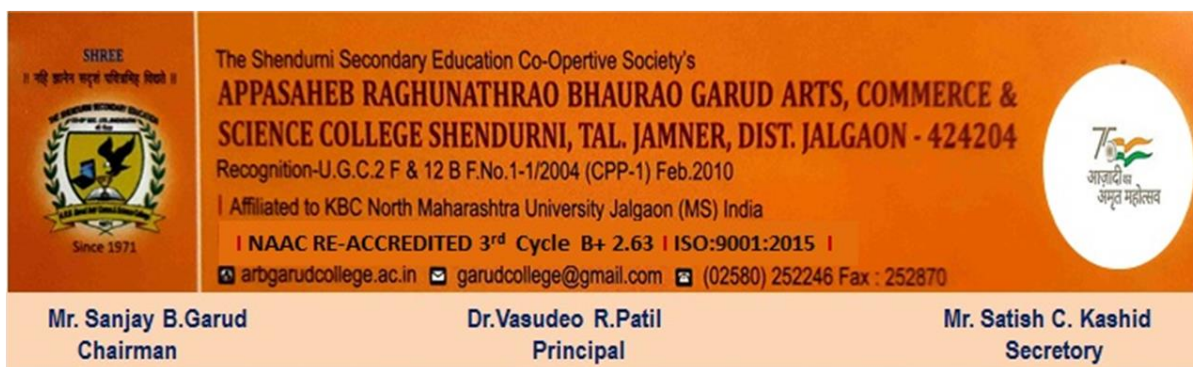
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**BEST PRACTICE - I**

**“TREE ADOPTION SCHEME”**

**TEACH ONE! EACH ONE!! TREE ONE!!!**

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**7.2.1 Describe two best practices successfully implemented by the institution as per NAAC format provided in the Manual:**

1) Title of the First Best Practice:

**Title of the Practice:**

## “Tree Adoption Scheme”

### Each One! Teach One!! Tree One!!

**Objective of the Practice:**

- To contribute in ecological awareness generation and concretely act on it.
- To plant trees and fostering it with responsibility outside or inside the campus.
- To involve youth in green initiative.

**The Context:**

वृक्षसोरक्षंतिरक्षीतः।

- ऋग्वेद

(Tree saves those, who save trees)

दशपुत्रोसमःद्रुमः।

-पद्मपुराण

(One tree is equal to ten sons)

Geologically Shendurni region is in draught prone zone. This area facing water scarcity problem severely, due to this during summer season water level reduces. The importance of trees has been known to us since ancient times. Living a tree is the greatest wealth and achievement (*Punya Karma*). Following the same thread team ‘*Garudians*’ with principal,

teaching and non-teaching staff, NSS volunteers and students of the institution have been accepted the challenging work to plant, care and nurture the trees in and around campus.

### **The Practice:**

**The Foremost objective** of the scheme is to increase the green campus and also to involve the teaching and non-teaching staff, NSS volunteers and students of institution in protection and nurture of the trees. To ensure involvement of these beneficiaries, it is essential to develop a system wherein the people get the concrete and insubstantial assistances in a continued manner. After the plantation of trees, the care-taker will properly nurture the plant and actively contribute in fostering green campus. The expert committee of college will monitor the plantation drive carefully and will make green audit of planted trees at the beginning of academic year.

### **Mechanism-**

Sponsor a Tree by college for adoption to students and staff.

Monitoring-NSS, Geography and IQAC

Coordinator-NSS (NSS)

Geo tagged photos

Measurement of Trees by committee

Target Group-Students and staff of college

After one year analysis- Prizes

### **Evidence of Success:**

- Our campus is spread across 36 Acres of sprawling green campus. Our institute received *Mazi Vasundhra Award-Green and Clean Campus Award* for development of green campus by Nagarpanchayat Shendurni.
- Our students, teaching and non-teaching staff have planted, adopted and nurtured 51 trees in college campus.

### **Problems Encountered and Resources Required:**

- No problems are encountered.

## Documentation of Tree Adoption Scheme:

### Enrollment Specimen Form of Tree Adopter Under Scheme

TREE ADOPTION SCHEME		PHOTO
Enrollment Proforma of Tree Adopter A. R. B. Garud Arts Commerce and Science College, Shendurni Tal. Jamner		
1	Name of Tree Adopter:	
2	Class/Designation:	
3	P.R.N.No. ( 16 Digits)	
4	NSS/SWD/Student	
5	Date of Birth:	
6	Address & Mobile :	
7	Height & Blood Group:	
8	Whats App No.	
9	Whether planted or adopted any other Tree:	
10	Are ready to adopt a tree?	

**Declaration of Adopter**

I Undersigned hereby declare that, I Will abide all rules and regulation laid down by A.R.B.Garud College, Shendurni for "Tree Adoption Scheme" and it will be binding on me to nurture the tree sensibly. I will appropriately take attention of given tree and report it is my accountability to flourish it properly. I will respond and communicate to college regarding progress of growth of the adopted tree.

Signature \_\_\_\_\_  
Date \_\_\_\_\_ Place \_\_\_\_\_

\*Attached a copy of any authorized id proof

IQAC Coordinator Principal

A.R.B.Garud College, Shendurni Best Practice Tree Adoption Scheme

### Enrollment Form of Volunteer under Tree Adopter Under Scheme Page no.1

TREE ADOPTION SCHEME		PHOTO
Enrollment Proforma of Tree Adopter A. R. B. Garud Arts Commerce and Science College, Shendurni Tal. Jamner		
1	Name of Tree Adopter:	Hire Vaibhav Sitaram
2	Class/Designation:	F.Y. B. A
3	P.R.N.No. ( 16 Digits)	
4	NSS/SWD/Student	
5	Date of Birth:	16-10-2003
6	Address & Mobile :	Jangipura Tal- Jamner
7	Height & Blood Group:	165cm - 49 kg
8	Whats App No.	9022544683
9	Whether planted or adopted any other Tree:	YES
10	Are ready to adopt a tree?	YES I am Ready

**Declaration of Adopter**

I Undersigned hereby declare that, I Will abide all rules and regulation laid down by A.R.B.Garud College, Shendurni for "Tree Adoption Scheme" and it will be binding on me to nurture the tree sensibly. I will appropriately take attention of given tree and report it is my accountability to flourish it properly. I will respond and communicate to college regarding progress of growth of the adopted tree.

Signature Vaibhav  
Date \_\_\_\_\_ Place Shendurni

\*Attached a copy of any authorized id proof

Coordinator Principal

A.R.B.Garud College, Shendurni Best Practice Tree Adoption Scheme

Page no.2

नवचन प्राधिकरण NACHAN PRAHAKARAN	
पता: जोगीपुरा, जळगाव, महाराष्ट्र - 424204	
Address: Jangipura, Jalgaon, Maharashtra - 424204 to: 22	
7163 0847 1182	
1847 1847 300 1847	help@nachan.gov.in
www.nachan.gov.in	P.O. Box No. 1847 Bhangin-560 001

भारत सरकार Government of India	
नचिन जयराम नंदरे Sachin Jayaram Nandare	
जन्म तारीख/ DOB: 02/07/1972	
पुरुष / MALE	
5142 5301 9786	
माझे आधार, माझी ओळख	

भारत सरकार Government of India	
हिरे वैभव सीताराम Hire Vaibhav Sitaram	
जन्म तारीख/ DOB: 16/10/2003	
पुरुष / MALE	
Mobile No.: 9022544683	
7163 0847 1182	
माझे आधार, माझी ओळख	

### Enrollment Form of Adopter Tree Adopter Under Scheme Page no.1

भारत सरकार Government of India	
नचिन जयराम नंदरे Sachin Jayaram Nandare	
जन्म तारीख/ DOB: 02/07/1972	
पुरुष / MALE	
5142 5301 9786	
माझे आधार, माझी ओळख	

TREE ADOPTION SCHEME		PHOTO
Enrollment Proforma of Tree Adopter A. R. B. Garud Arts Commerce and Science College, Shendurni Tal. Jamner		
1	Name of Tree Adopter:	Dr. Sachin Jayaram Nandare
2	Class/Designation:	Director, NSS, Kachmu, Jalgaon
3	P.R.N.No. ( 16 Digits)	
4	NSS/SWD/Student	NSS
5	Date of Birth:	02.07.1972
6	Address & Mobile :	12A, Umavarnagar, Kachmu, Jalgaon
7	Height & Blood Group:	165cm - 58kg B+ve
8	Whats App No.	7588227268
9	Whether planted or adopted any other Tree:	Planted
10	Are ready to adopt a tree?	Yes

**Declaration of Adopter**

I Undersigned hereby declare that, I Will abide all rules and regulation laid down by A.R.B.Garud College, Shendurni for "Tree Adoption Scheme" and it will be binding on me to nurture the tree sensibly. I will appropriately take attention of given tree and report it is my accountability to flourish it properly. I will respond and communicate to college regarding progress of growth of the adopted tree.

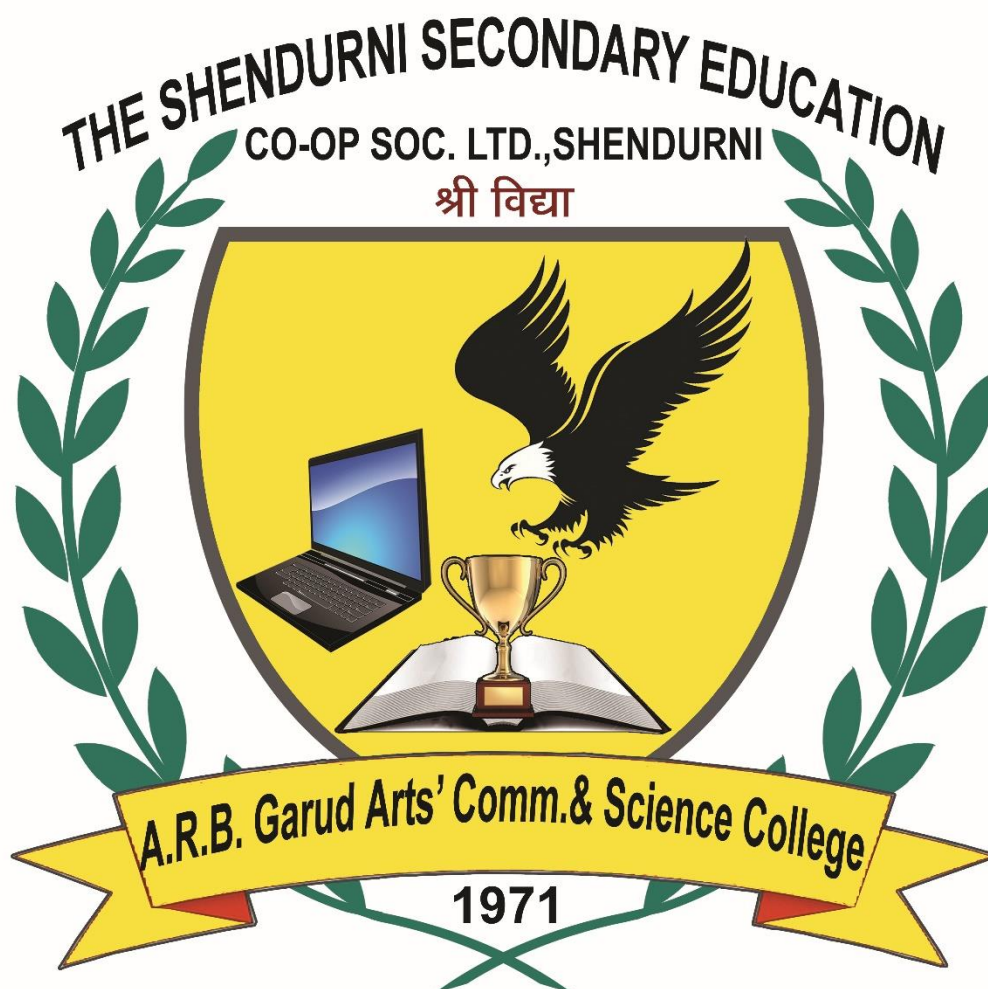
Signature \_\_\_\_\_  
Date 15/11/2022 Place Shendurni

\*Attached a copy of any authorized id proof

Coordinator Principal

A.R.B.Garud College, Shendurni Best Practice Tree Adoption Scheme

**SoP for Tree Adoption Scheme:**



**SoP FOR BEST PRACTICE**

**“TREE ADOPTION SCHEME”**

**TEACH ONE! EACH ONE!! TREE ONE!!!**





**APPASAHEB R.B.GARUD  
COLLEGE, SHENDURNI**

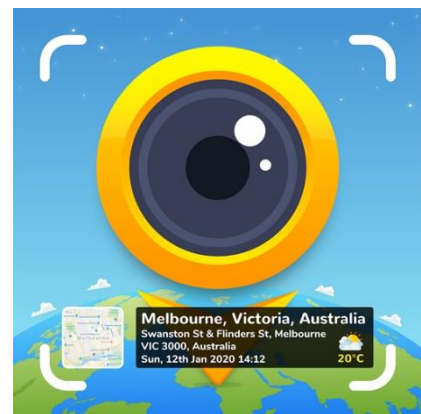
**TREE ADOPTION SCHEME**  
**EACH ONE! TEACH ONE!! TREE ONE!!!**

**BEST PRACTICE**

## 1. Download the GPS Map Stamp App in your mobile.



- Follow the given icon for downloading the app in your mobile




2. Click the **Geo Tagged Picture** with Planted Tree through map stamp app which is installed in your mobile
3. Send the picture with proper posture with planted tree on e-mail- **[arbgcsbestpractices@gmail.com](mailto:arbgcsbestpractices@gmail.com)**
4. Properly **fill up the form** of Tree Adoption Scheme given by college.
5. Attache recent **passport size photograph** and **valid id proof** i.e. Adhar Card.
6. Take Care of your Tree

**Feel free to talk with us!**

- NSS-Rohidas D.Gaware
- Geography-Dr.Ajinath N.Jivrag
- SWD-Dr.Y.P.Chaudhari
- IQAC-Dr.Dinesh Prakash Patil

**IQAC Coordinator**

**Principal**



SHREE  
॥ श्री गणेशाय नमः ॥

Since 1971

The Shendurni Secondary Education Co-Operative Society's


**APPASAHEB RAGHUNATHRAO BHAURAO GARUD ARTS, COMMERCE & SCIENCE COLLEGE SHENDURNI, TAL. JAMNER, DIST. JALGAON - 424204**

Recognition-U.G.C.2 F & 12 B F.No.1-1/2004 (CPP-1) Feb.2010

| Affiliated to KBC North Maharashtra University Jalgaon (MS) India

| **NAAC RE-ACCREDITED 3<sup>rd</sup> Cycle B+ 2.63 | ISO:9001:2015 |**

✉ arbgarudcollege.ac.in ✉ garudcollege@gmail.com ☎ (02580) 252246 Fax : 252870



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आज़ादी का  
अमृत महोत्सव

**Mr. Sanjay B.Garud**  
Chairman

**Dr.Vasudeo R.Patil**  
Principal

**Mr. Satish C. Kashid**  
Secretary

## REPORT OF ORGANIZED EVENT-GREEN INITIATIVE (Academic Year 2022-23)

• Name of the Department	NSS
• Name of the event organized	<b>Tree Adoption Scheme</b>
• Date of the event	<b>Academic Year-2022-23</b> <ul style="list-style-type: none"> <li>• <b>Date:07.10.2022 (plantation)</b></li> <li>• <b>Date:15.09.2022 (plantation)</b></li> <li>• <b>Date:23.01.2023 (plantation)</b></li> </ul>
• Name of the coordinator of the event	Dr. Vasant N.Patange
• Target group of participants	College students, NSS Volunteers and teaching and non-teaching staff of institution
• Name of the speaker/resource person	Prin. Dr.Vasudeo. R. Patil
• Objective of the event	<ul style="list-style-type: none"> <li>• To create an empowering milieu through capacity building at various levels for tree planting, protection and nurture.</li> <li>• To create awareness amongst stakeholders of institute and society for tree planting, protection and nurture.</li> <li>• To contribute towards increase in tree</li> </ul>
• Outcome of the Event	<ul style="list-style-type: none"> <li>• Young students, staff of Institution and NSS volunteers have planted, protected</li> </ul>





## Inauguration of Tree Adoption Scheme by auspicious hands of Director Dr.Sachinji

Nandre of NSS KBC NMU Jalgaon

Director of NSS KBC NMU Jalgaon inaugurated Tree Adoption Scheme by offering bunyan tree for adoption to NSS Volunteer Sagar Patil. Date 15.09.2022

Prin.Dr.Vasudeo R.Patil gifted a Neem tree to Director of NSS KBC NMU Jalgaon for adoption. Date:15.09.2022

### Photos of the Event-



### News Coverage of the Event-





- Plantation Drive under Tree Adoption Scheme

**(Before) NSS Volunteer Vaibhav Hire  
Adopted Tree-Date:07.10.2022**



**(After) NSS Volunteer Vaibhav Hire  
Adopted Tree-Date:03.11.2023**





Plantation under Tree Adoption Scheme  
Date:23.01.2023

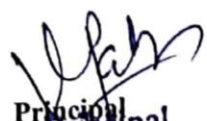


Plantation under Tree Adoption Scheme  
Date:07.10.2022



  
**IOAC Coordinator**  
**Coordinator**

Internal Quality Assurance Cell  
A.R.B.Garud Arts, Com. & Sci.  
College, Shendurni, Tal.Jamner  
Dist. Jalgaon (MS) Pin.424204

  
**Principal**  
Appasaheb R.B.Garud Art's  
Commerce & Science College  
Shendurni-424204, Tal Jamner(MH)





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नहि ज्ञानेन सदृशं पवित्रमिह विद्यते

# Appasaheb R.B.Garud Arts, Commerce and Science College

Shendurni, Tal.Jamner, Dist. Jalgaon Ph : 02580 - 252246



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## BEST PRACTICE - II

"MOULDING, PROMOTING AND EMPOWERING YOUNG  
MINDS OF WOMEN IN RURAL AREA THROUGH ACTIVE  
PARTICIPATION IN PHYSICAL EDUCATION"

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## **Title of the 2<sup>nd</sup> Best Practice:**

### **"Moulding, Promoting and Empowering Young Minds of Women in Rural Area through Active Participation in Physical Education"**

#### **OBJECTIVES OF THE PRACTICE:**

- i. To attain gender equality and empowerment of women in rural area.
- ii. To introduce and make them available equal access to productive resources and assets in sports participation.
- iii. To train the students through systematic methodology like Coaching, Training, Counselling etc.
- iv. To create awareness on structural barriers and discriminatory social norms regarding participation of women in sports in rural area.
- v. To increase participation and develop potential of women sport persons.
- vi. To appreciate and encourage the efforts of women sport persons.

#### **THE CONTEXT:**

Sport has the power to transform the world in well-organized order. It influences to create a disciplined community with mindful society. The girls are studying in institutions can keep maintain well-being and hygiene through active participation in sports activities. It will also inspire others to work for the betterment of the community or themselves.

Sports culture from rural area recently has limited female involvement. Specifically in the barriers like: fear of judgement, intimidation, incompetence, lack of confidence, limited participation options, socio-cultural taboos and safety considerations. Active participation of women in sports can achieve gender equality and effective implementation of women empowerment.

At college level the women participants actively participated in Wrestling, Taekwondo, Kabaddi, Volley-Ball etc. games. Through this games women participant uplifting standard and quality of sportsmanship. This practice

#### **THE PRACTICE:**

This practice is leading towards encouragement and empowerment of the women

through active participation in sports activities. This practice incorporates i. Coaching, ii. Training, iii. Counselling, iv. Participation for the overall development of the women participants at college level. This practice will prominently focus on confidence, personality development, temperament, global competency, new skills in sports, eliminate socio-cultural barriers etc.

This practice providing a concrete platform to the women participants. This practice providing sort of life skills to the women participants. They are acquiring time-management skill, team building, confidence building and gaining mental and health well being also. The coaching, training, counselling and practice session playing a vital in the holistic development of the rural women participants of college. In counselling the department also conducts “Yoga and Meditation” sessions for the women participants to create mindfulness and balance temperament among them.

The department of physical education is implementing the schedule of coaching, training, counselling and practice sessions with assistance of the IQAC. In coaching the department introduces women participants the major sports events with rules and regulation and it creates aptitude among them to chose the game as per interest. Training facilitates provides the women participants health and temperament. During training they acquire skill and confidence of execution of the game. It builds their confidence in right spirit. The department invites professionals to train women participants of the college. It benefits to uplift their standard in games. In counselling process, the college discuss and help the women participants and their parents also. It strengthens the bond between parent, students and institution.

#### **EVIDENCE OF SUCCESS:**

- i. Students are participating at University, Inter-zone, and State and National as well as district level sports competitions of wrestling and other games.
- ii. With the assistance of practice many of the students have benefited and participated actively.
- iii. Number of women participants is increasing regularly.
- iv. The coaching, training, counselling and practice session playing a vital in the holistic development of the rural women participants of college.

#### **PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:**

**No problem encountered.**

## Photos and News of the Practice:

### Coaching



### Training



### Counselling





## Practice



## Achievement



## गरुड महाविद्यालयातील खेळाडूंचे विभागीय क्रीडा स्पर्धेत घवघवीत यश केले संपादन

**शेंदुर्णी-** गरुड महाविद्यालयातील खेळाडूंचे विभागीय क्रीडा स्पर्धेत घवघवीत यश संपादन केले. शेंदुर्णी येथील आप्पासाहेब रघुनाथराव भाऊराव गरुड कला वाणिज्य व विज्ञान महाविद्यालय शेंदुर्णी येथील खेळाडूंनी विविध क्रीडा स्पर्धा भाग घेऊन कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ जळगाव व्हा विभागीय क्रीडा स्पर्धेत सहभाग नोंदविला हॉलीवॉल खेळामध्ये कु. गायत्री पाटील कबड्डी खेळामध्ये कु. शितल पाटील व तायकांदो क्रीडा स्पर्धेत कु. प्रियंका बनारसे व कु. पायल आहिर तसेच फुटबॉल खेळामध्ये कु. प्रियंका बनारसे कु. प्रियंका चौधरी व जितेंद्र धनगर घनजय देशमुख गोपाल रेकनोड



जयल बडगुजर तसेच ज्युडो स्पर्धेत कु. प्रियंका चौधरी कु. प्रियंका बनारसे जितेंद्र धनगर व जयेश बडगुजर व मैदानी स्पर्धांमध्ये कु. पायल आहिर व अक्षय राजपुत यांनी सहभाग नोंदविला या स्पर्धांमध्ये जळगाव, धुळे, नंदुरबार येथील विविध महाविद्यालयातील

खेळाडू होते सदर निवडीबाबत संस्थेचे चेअरमन मा.श्री दादासाहेब संजय रावजी गरुड संस्थेचे सचिव मा. श्री सलील चंद्र काशीद संस्थेचे वरिष्ठ संचालक मा.श्री सागर काका जैन संस्थेचे सहसचिव मा.श्री दीपकभाऊ गरुड संस्थेच्या महिला संचालिका सो. उज्वला

काशीद संस्थेचे बस्तीगृह सचिव मा. श्री वैजनाथभाऊ देशमुख महाविद्यालयातील प्राचार्य डॉ. वासुदेव आर. पाटील व उपप्राचार्य व शिक्षक शिक्षकेतर कर्मचारी बंधू भगिनी यांनी अभिनंदन केले वरील सर्व खेळाडूंना डॉ. महेश आर. पाटील यांचे मार्गदर्शन लाभले.

## गरुड महाविद्यालयाचे विभागीय क्रीडा स्पर्धेत यश

**शेंदुर्णी :** येथील रघुनाथराव भाऊराव गरुड कला वाणिज्य व विज्ञान महाविद्यालयातील खेळाडूंनी विविध क्रीडा स्पर्धेत भाग घेऊन क.ब.ची. उत्तर महाराष्ट्र विद्यापीठाच्या विभागीय क्रीडा स्पर्धेत सहभाग घेत घवघवीत यश संपादन केले.

हॉलीवॉलमध्ये गायत्री पाटील कबड्डीमध्ये शीतल पाटील व तायकांदोमध्ये प्रियंका बनारसे व पायल आहिर तसेच कुस्तीमध्ये प्रियंका बनारसे, प्रियंका चौधरी, जितेंद्र धनगर, घनजय देशमुख, गोपाल रेकनोड, जयेश बडगुजर तसेच ज्युडोमध्ये प्रियंका चौधरी, प्रियंका बनारसे, जितेंद्र धनगर, जयेश बडगुजर व मैदानी स्पर्धांमध्ये पायल आहिर, अक्षय राजपुत यांनी सहभाग नोंदविला. यामध्ये जळगाव, धुळे, नंदुरबार येथील जिल्ह्यातील विविध महाविद्यालयातील खेळाडू होते.



या यशाबद्दल संस्थेचे चेअरमन संजय गरुड, सचिव सतीशचंद्र काशीद, वरिष्ठ संचालक सागरमल जैन, संस्थेचे सहसचिव दीपक गरुड, संस्थेच्या संचालिका उज्वला काशीद, संस्थेचे वस्तीगृह सचिव कैलास देशमुख महाविद्यालयातील प्राचार्य डॉ. वासुदेव पाटील व उपप्राचार्य व शिक्षक, शिक्षकेतर कर्मचारी बंधू भगिनी यांनी अभिनंदन केले. सर्व खेळाडूंना डॉ. महेश पाटील यांचे मार्गदर्शन लाभले.

## लोकशाही

### गरुड महाविद्यालयाचे क्रीडा स्पर्धेत घवघवीत यश

लोकशाही न्यूज नेटवर्क

शेंदुर्णी प्रतिनिधी

येथील आप्पासाहेब रघुनाथराव भाऊराव गरुड कला वाणिज्य व विज्ञान महाविद्यालय शेंदुर्णी येथील खेळाडूंनी विविध क्रीडा स्पर्धेत भाग घेऊन कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ जळगाव व्हा विभागीय क्रीडा स्पर्धेत सहभाग नोंदविला हॉलीवॉल खेळामध्ये कु. गायत्री पाटील कबड्डी खेळामध्ये कु. शितल पाटील व तायकांदो क्रीडा स्पर्धेत कु. प्रियंका बनारसे व कु. पायल आहिर तसेच कुस्ती खेळामध्ये कु. प्रियंका बनारसे कु. प्रियंका चौधरी व जितेंद्र धनगर घनजय देशमुख गोपाल



रेकनोड जयेश बडगुजर तसेच ज्युडो स्पर्धेत कु. प्रियंका चौधरी कु. प्रियंका बनारसे जितेंद्र धनगर व जयेश बडगुजर व मैदानी स्पर्धांमध्ये कु. पायल आहिर व अक्षय राजपुत यांनी सहभाग नोंदविला. या स्पर्धांमध्ये जळगाव, धुळे, नंदुरबार येथील जिल्ह्यातील विविध महाविद्यालयातील खेळाडू होते सदर निवडीबाबत संस्थेचे चेअरमन मा.श्री दादासाहेब संजय रावजी गरुड संस्थेचे सचिव मा.श्री सलील चंद्र

काशीद संस्थेचे वरिष्ठ संचालक मा.श्री सागर काका जैन संस्थेचे सहसचिव मा. दीपक गरुड संस्थेच्या महिला संचालिका सो. उज्वला काशीद संस्थेचे वस्तीगृह सचिव मा. कैलास देशमुख महाविद्यालयातील प्राचार्य डॉ. वासुदेव आर. पाटील व उपप्राचार्य व शिक्षक शिक्षकेतर कर्मचारी बंधू भगिनी यांनी अभिनंदन केले वरील सर्व खेळाडूंना डॉ. महेश आर. पाटील यांचे मार्गदर्शन लाभले.

**Participation:**


***A Brief Record of Activities and Achievement* Year- 2022-23**

<b>Sr. No .</b>	<b>Date</b>	<b>Events</b>	<b>Intercolle giate Tournam ent place</b>	<b>Result</b>	<b>Inter group selected playears</b>	<b>Inter group place /Date</b>	<b>Inter University Place</b>
1	12/10/2022	Volleyball	N.M College Jalgaon	----	Ku.Gaytri Patil	KBCNMU 19/10/2022	---
2	14-15/10/2022	Kabaddi	Baheti College Jalgaon	-----	Ku.Shital Patil	KBCNMU 19/10/202	-----
3	20/10/2022	Taekwondo	D.N .College Faizpur		Ku.Priyanka Vanarse Ku Payal Ahire	D.N. College Faizpur 21/10/2022	Ku.Priyanka Vanarse Amritsar
4	02/11/2022	Table Tennis	M.J. College Jalgaon	---	----	----	----
5	16/11/2022	Judo	N.M. College Jalgaon	Womwe n First Place and men Second Place	Ku.Priyanka Vanarse Ku Priyanka Chaudhari Dhangar Jitendra Badgujar Jayesh	A S C college Dhahivel 23/11/2022	----
6	17/11/2022	Wrestling (M&W)	D.N. College Faizpur	Womwe n ThirdPla ce and men Second Place	Ku.Priyanka Vanarse Ku Priyanka Chaudhari Dhangar Jitendra Badgujar Jayesh Deshmukh Dhananjay Reknod Gopal	-----	-----
7	18-19-20/11/2022	Atheletics (M&W)	M.J. College Jalgaon	---	Ku.Payal Ahire Akshay Rajput	M.J. College Jalgaon 20-21/11/2022	Akshay Rajput Chennai





  
**IQAC Coordinator**  
 Internal Quality Assurance Cell  
 A.R.B.Garud Arts, Com. & Sci,  
 College, Shendurni, Tal.Jamner  
 Dist. Jalgaon (MS) Pin.424204

  
**Principal**  
**Principal**  
 Appasaheb R.B.Garud Art's  
 Commerce & Science College  
 Shendurni-424204,Tal Jamner(MH)