## Personality and Work Behaviors

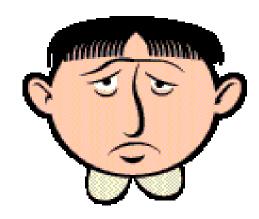
- Infosys
- BPO Training

Ву,

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### **Different Faces**







# **Personality**

"More or less stable, internal factors that make one person's behaviour consistent from one time to another, and different from the behaviour other people would manifest in comparable situations"

- Stable
- Internal
- Consistent
- Different

### Personality is 'INTERNAL'

Change and development are the key words

internal process + past experiences

## By Definition

- A complex mental state involving beliefs and feelings and values and dispositions to act in certain ways.
- (1)The arrangement of the parts of the body posture; (2a)a mental position with regard to a fact or state (b) a feeling or emotion toward a fact or state; (3) an organismic state of readiness to respond in a characteristic way to a stimulus (as an object, concept or situation).



# Activity No. 1: Introduce yourself and your starbody

- Introduce yourself
- Make Groups
- Draw star and write any five characteristics of you
- Discuss with group partners
- Select your starbody
- Introduce your starbody

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### What we come to know:

- Personality is nothing but a
- (1) Position of the body and limbs.
- (2) Manner of acting.
- (3) Social or clinical psychology-a relatively stable and react in a certain way toward people, objects, institutions, or issues.

# For today/our definition

A virus that can be contagious.

Can be modified, the easy or the hard way.

Has identifiable strands/warning signs.

### Additional No-Name Strands

- Not a team player
- Does the minimum
- Disrespectful
- Insubordinate
- Always negative
- Unhappy
- Pessimistic
- Unpleasant





### **Additional Strands**

- Offers no solutions
- Surly
- Tardy
- Gossipy
- Clock Watcher
- Prima donna
- Defensive
- Argumentative



## Consequences

- Erosion of team spirit.
- Morale suffers, feelings get hurt
- Poor quality service, reputation suffers
- Frustration on the part of others because they have to pick up the slack
- The virus spreads
- Communication suffers

## More Consequences

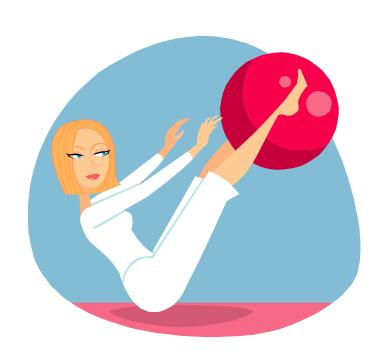
Productivity suffers



Management has to crack down because of perceived dissatisfaction.

## Tips

- Become a problem-solver.
- Be alert.
- Utilize self-control.
- Manage stress.
- Stay physically healthy
- Empathize



Manho you